



PRESENTS

ARANGETRAM OF SAHANA KAUSHIK

25 MAY 2025

Smt. Padma Murali & Shri. S.G. Murali
Smt. Kalyani Sankar & Shri. T.S. Ramani Sankar
cordially invite you and your family to the
Bharatanatyam Arangetram of their granddaughter

Kumari. Sahana Kaushik

Daughter & Disciple of

Guru Smt. Poornima Sankar Kaushik
Surya School of Performing Arts

on

Sunday, 25 May 2025, 4.25 pm

at

ADA Rangamandira
JC Road, Bengaluru

In the distinguished presence of
Smt. Dr. Prabha Mallikarjun
Member of Parliament, Davangere Constituency

Nrithya Saraswathi
Guru Smt. Shubha Dhananjay
Chairperson, Karnataka Sangeetha Nrithya
Academy, Govt. of Karnataka

Kalaimamani
Guru Smt. Parvathi Ravi Ghantasala
Artistic Director, Kalapradarshini,
Chennai

SAHANA KAUSHIK

Sahana Kaushik is a student of Commerce at National Public School, Indiranagar, and will graduate in 2026. She has been learning Bharatanatyam under the guidance of her mother and Guru, Smt. Poornima Sankar Kaushik of Surya School of Performing Arts from the age of four. Since her Salangai Poojai in 2021, she has had the privilege of performing solo at several prestigious events in Bengaluru, Coimbatore, Chennai, and as part of the school's ensemble. She has also been active in the dance societies of her school.

Sahana has been learning Carnatic music from Guru Smt. Sumitra Nitin for over a decade. She has performed at several stages and has been awarded the CCRT Scholarship from the Ministry of Culture, Government of India.

Sahana is very passionate about dance and music and is keen on performing more and developing her artistic skills holistically. Apart from dance, she is currently preparing to study law and is an avid reader, music lover, and can most often be found walking and training her dog Cosmo.



SURYA SCHOOL OF PERFORMING ARTS

Founded in the vibrant city of Coimbatore by Guru Smt. Poornima Sankar Kaushik in 2003, Surya School of Performing Arts moved to Bengaluru in 2009. The school embraces a holistic philosophy in the realm of dance education.

Over 150 students have been guided at Surya School of Performing Arts in the Vazhuvoor Bani of Bharatanatyam, perceiving art as a profound reflection of their innermost selves. The school takes great pride in honouring the triumphs of its students, many of whom have celebrated their Salangai Poojais and Arangeitrams, gracing the esteemed sabhas of Bengaluru and beyond.

With an unwavering dedication to their growth, Surya School of Performing Arts continues to empower its students also through its academic initiative "Svādhyāya". This program, which includes lectures and workshops, nurtures multi-dimensional and gifted young artists, providing them with a rich understanding of the performing arts tradition.



GURU POORNIMA SANKAR KAUSHIK

Poornima Sankar Kaushik, a multifaceted artist, encompassing performance, choreography, and entrepreneurship. A dedicated disciple of the renowned Guru Kalaimamani Smt. K.J. Sarasa of Sarasalaya, Chennai, she carries forward the esteemed lineage of the Vazhuvoor Bani of Bharatanatyam. Poornima's journey began with her Arangetram at the age of ten, graced by the presence of the legendary Smt. M.L. Vasanthakumari.

A graded artiste of Doordarshan Kendra, she boasts an impressive repertoire of over 400 performances across prestigious national and international stages. Her proficiency extends to Carnatic music, enriching her artistic expression.

As the founder of Surya School of Performing Arts, Poornima imparts her passion to aspiring dancers, and her acclaimed production series, "Dancing Tales", and storytelling workshops have graced numerous festivals.

An executive member of the International Dance Alliance, Bangalore Chapter, and Associate Artistic Director of Padmalaya Dance Foundation, she currently trains under her mother-in-law Guru Smt. Padma Murali, with whom she frequently works on productions. Poornima's contributions have been recognized with prestigious titles including 'Bharatha Ratna' from the Ministry of Culture, Sri Lanka, 'Nitya Tharakai', 'Swayam Prakasha Narthaki' and 'Narthana Shironmani'.

Beyond her artistic pursuits, she champions accessible eye care for children with autism through her non-profit venture, Surya for Life.

PROGRAMME

Items

Pushpanjali
Shree Kamalambikayam
Jathiswaram
Varnam
Devarnama
Padam
Thillana
Garuda Gamana Tava

Ragam

Sahana
Sahana
Hamsanadam
Navaragamalika
Durga
Kamboji
Dhanashri
Yamuna Kalyani

Talam

Tisra Triputa
Tisra Triputa
Roopakam
Adi
Tisra ekam
Adi
Adi
Ekam

Composer

Ajiesh Menon
Muddusvami Dikshitar
Tanjore Quartet
K.N.Dhandayuthapani Pillai
Sripadaraya
Oothukkadu Venkata Kavi
Maharaja Swati Tirunal
Jagadguru Sri Bharati Tirtha Swamiji



ACCOMPANYING ARTISTS

Nattuvangam : Vidushi Smt. Poornima Sankar Kaushik
Vocal : Vidushi Smt. Sharanya Krishnan
Mridangam : Vidwan Shri N. Narayanaswamy
Flute : Vidwan Shri N. R. Narasimha Murthy
Violin : Vidwan Shri Ramesh Pai

CREDITS

Lights : Shri Janardhan Raj Urs
Makeup : Shri Vimal Kanakaraj
Costume : Shri Sudhakar, Praveena Costumes
Stage Design : ADA Rangamandira
Photo and Video : Shri Srivatsa Shandilya
Compere : Dr. Dhvani Ravi
Photos on the invite : Shri Rishi Raj
Invite Design : Smaaash Digital, Coimbatore
Invite Print : Impress printers, Coimbatore



Please join us for dinner after the performance
RSVP : Poornima Sankar - 97310 52125 | Dr. Kaushik Murali - 97390 00096



RSVP

<https://bit.ly/SahanaArangetram>



www.suryaschoolofperformingarts.com